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**Dr. Pham's Allergy/Asthma Rapid Access Fast Track Form**

*Special Interest in Severe Asthma, Nasal Polyps, Eczema, Urticaria, Eosinophilic Esophagitis  
ADVANCED BIOLOGIC THERAPIES ARE AVAILABLE FOR THESE CONDITIONS*

**Referring Provider Information**

Provider Name: \_\_\_\_\_

Billing #: \_\_\_\_\_

Fax: \_\_\_\_\_

**Patient Information/Sticker**

Patient Name: \_\_\_\_\_

OHIP # & VC: \_\_\_\_\_

DOB (DD-MM-YY): \_\_\_\_\_

Phone: \_\_\_\_\_

Address: \_\_\_\_\_

**5 Major Indications for Rapid Referral:**

*Check box & fax back form if your patient meets these criteria for fast tracking*

**1. Severe Chronic Urticaria**

- **Rapid Referral Criteria: *Hives despite quadruple-dose antihistamine***
  - ✓ Consider a trial of *Blexten* 80 mg/day, *Cetirizine/Reactine* 40 mg/day, or *Rupall* 40 mg/day for fast-tracking (FYI: adult dosing)

**2. Severe Eczema/Atopic Dermatitis**

- **Rapid Referral Criteria: *Refractory/relapsing eczema despite mid-high potency topical steroids and/or course(s) of prednisone***

**3. Severe Asthma**

- **Rapid Referral Criteria: *Uncontrolled asthma with exacerbations requiring prednisone despite high-dose ICS/LABA +/- LAMA***
  - ✓ Consider a trial of one of these robust inhalers for fast tracking:
    - *Atecura* 150/320 mcg 1 puff daily, *Breo* 200/25 mcg 1 puff daily, *Zenhale* 200/5 mcg 2 puffs bid, *Symbicort* 200/6 mcg 2 puffs bid +prn up 8 puffs/day, *Enerzair* 150/50/160 mcg 1 puff daily, *Trelegy* 200/25/62.5 mcg 1 puff daily
  - ✓ Attach CBC, Total IgE, CXR if available

**4. Severe Chronic Rhinosinusitis/Nasal Polyps**

- **Rapid Referral Criteria: *Severe Congestion & Smell Loss despite nasal steroids & montelukast as well as prior sinus surgery and/or systemic corticosteroids (e.g., prednisone 30 mg/day x 10 days) in the last 12 months***
  - ✓ Consider a trial of *Prednisone* 30 mg/day x 10 days for fast-tracking

**5. Severe Eosinophilic Esophagitis (EoE)**

- **Rapid Referral Criteria: *Dysphagia despite high dose PPI (e.g., Pantoloc 40 mg bid, Dexilant 60 mg/day), Swallowed Steroids (e.g., Jorveza 1 mg PO bid; Flovent 250 mcg 2 puffs bid swallowed)***